

5.21 - Spider Exercise (1-23-4) - (p1)

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The image displays four guitar fretboard diagrams, each representing a 22-fret neck with strings numbered 1 to 6 at the top. The frets are numbered 1fr to 22fr on the left side of each diagram.

- Diagram 1:** Shows fingerings 1, 2, 3, and 4 on strings 5, 6, 7, and 8 respectively. Dotted lines connect the frets: 5fr (1) to 6fr (2), 6fr (2) to 7fr (3), 7fr (3) to 8fr (4), and 8fr (4) to 5fr (1).
- Diagram 2:** Shows fingerings 1, 2, 3, and 4 on strings 4, 5, 6, and 7 respectively. Dotted lines connect the frets: 5fr (1) to 6fr (2), 6fr (2) to 7fr (3), 7fr (3) to 8fr (4), and 8fr (4) to 5fr (1).
- Diagram 3:** Shows fingerings 1, 2, 3, and 4 on strings 5, 6, 7, and 8 respectively. A curved dotted line connects the 4th and 5th frets across strings 4, 5, 6, and 7.
- Diagram 4:** Shows fingerings 1, 2, 3, and 4 on strings 4, 5, 6, and 7 respectively. A curved dotted line connects the 4th and 5th frets across strings 4, 5, 6, and 7.

5.21 - Spider Exercise (1-23-4) - (p2)

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The exercise consists of four fretboard diagrams, each with 22 frets (1fr to 22fr) and 6 strings (6 to 1). The first diagram shows a sequence of notes: 1 (2nd fret, 2nd string), 2 (3rd fret, 3rd string), 3 (4th fret, 4th string), 4 (5th fret, 5th string). The second diagram shows the sequence: 1 (5th fret, 2nd string), 2 (6th fret, 3rd string), 3 (7th fret, 4th string), 4 (8th fret, 5th string). The third diagram shows the sequence: 1 (5th fret, 1st string), 2 (6th fret, 2nd string), 3 (7th fret, 3rd string), 4 (8th fret, 4th string). The fourth diagram is empty. Dotted lines connect the notes between the first and second diagrams, and between the second and third diagrams.

5.22 - Spider Exercise (12-34) - (p3)

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The diagram consists of four guitar fretboard grids, each with 6 strings (labeled 6, 5, 4, 3, 2, 1 from left to right) and 22 frets (labeled 1fr to 22fr from top to bottom). Fingerings are indicated by circled numbers 1-4.

- Diagram 1:** Shows fingerings 1, 2, 3, and 4 on strings 5, 6, 7, and 8 respectively.
- Diagram 2:** Shows fingerings 1, 2, 3, and 4 on strings 5, 6, 7, and 8 respectively. Dotted lines connect the fingerings in Diagram 1 to the corresponding fingerings in Diagram 2.
- Diagram 3:** Shows fingerings 1, 2, 3, and 4 on strings 5, 6, 7, and 8 respectively. Dotted lines connect the fingerings in Diagram 2 to the corresponding fingerings in Diagram 3.
- Diagram 4:** Shows fingerings 1, 2, 3, and 4 on strings 4, 5, 6, and 7 respectively. Dotted lines connect the fingerings in Diagram 3 to the corresponding fingerings in Diagram 4.

5.22 - Spider Exercise (12-34) - (p4)

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The image displays four guitar fretboard diagrams, each with 22 frets (1fr to 22fr) and six strings (6 to 1). The first diagram shows a sequence of notes: 1 (2nd fret, 2nd string), 2 (3rd fret, 2nd string), 3 (3rd fret, 3rd string), 4 (4th fret, 3rd string). The second diagram shows notes: 1 (5th fret, 1st string), 2 (6th fret, 1st string), 3 (7th fret, 1st string), 4 (8th fret, 1st string). The third diagram shows notes: 1 (5th fret, 1st string), 2 (6th fret, 1st string), 3 (7th fret, 1st string), 4 (8th fret, 1st string). The fourth diagram is empty. Dotted lines connect the notes between the first and second diagrams, and between the second and third diagrams.

5.23 - Spider Exercise (1-3/2-4) - (p5)

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The image displays four guitar fretboard diagrams, each representing a 22-fret neck with strings 1 through 6. The diagrams are arranged in a row and are used to illustrate a spider exercise. Each diagram has a vertical axis labeled from 1fr to 22fr and a horizontal axis labeled with string numbers 6, 5, 4, 3, 2, 1 from left to right.

- Diagram 1 (Leftmost):** Shows fingerings 1, 2, 3, and 4 on strings 5, 6, 7, and 8 respectively. Fingerings 1-4 are placed on strings 5-8 in the 5th fret position.
- Diagram 2:** Shows fingerings 1, 2, 3, and 4 on strings 4, 5, 6, and 7 respectively. Fingerings 1-4 are placed on strings 4-7 in the 5th fret position.
- Diagram 3:** Shows fingerings 1, 2, 3, and 4 on strings 5, 6, 7, and 8 respectively. Fingerings 1-4 are placed on strings 5-8 in the 5th fret position. Curved arrows indicate movement from string 5 to 4, 6 to 5, 7 to 6, and 8 to 7.
- Diagram 4 (Rightmost):** Shows fingerings 1, 2, 3, and 4 on strings 4, 5, 6, and 7 respectively. Fingerings 1-4 are placed on strings 4-7 in the 5th fret position. Curved arrows indicate movement from string 4 to 3, 5 to 4, 6 to 5, and 7 to 6.

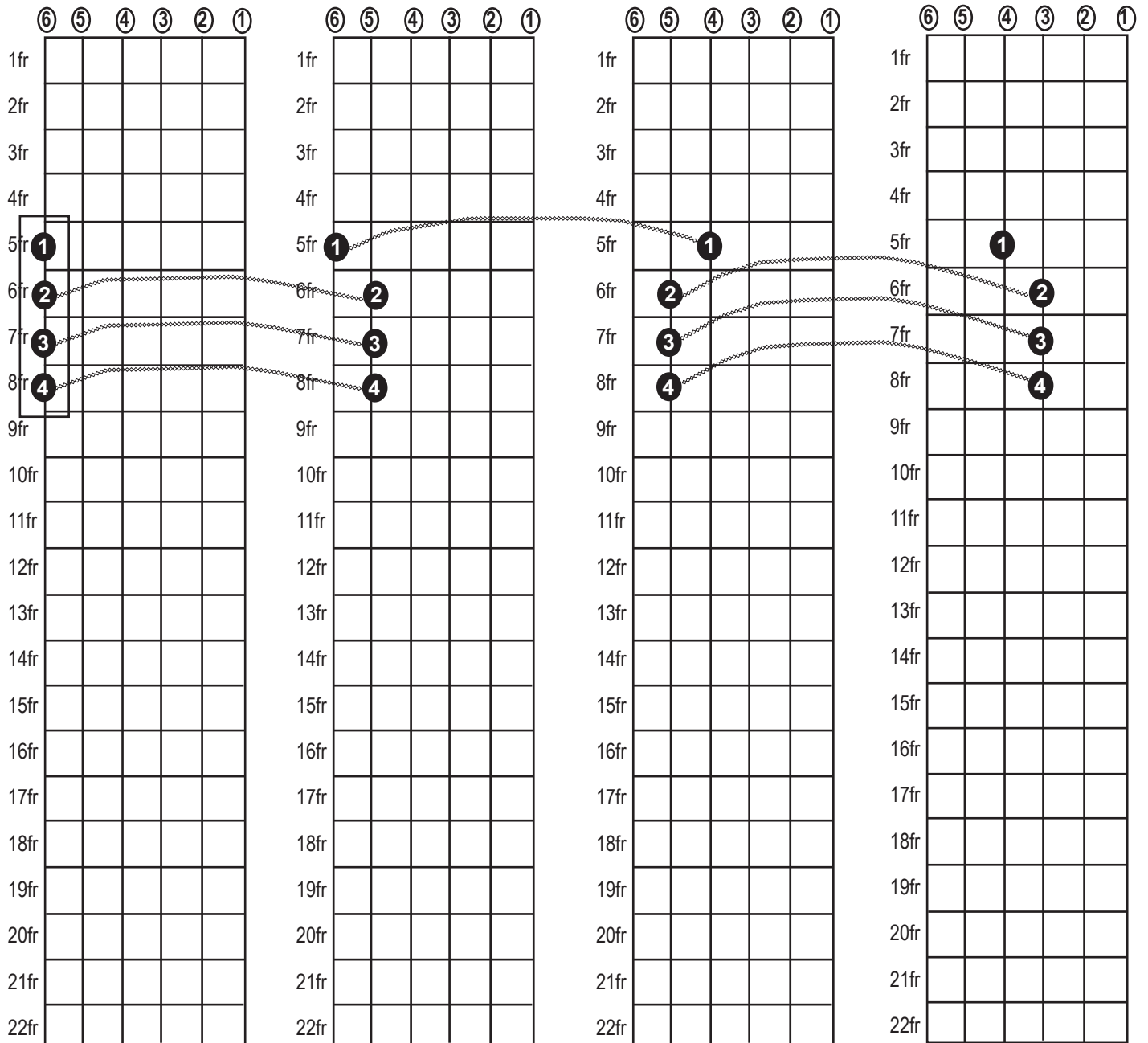
5.23 - Spider Exercise (1-3/2-4) - (p6)

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The image displays four guitar fretboard diagrams for a spider exercise. Each diagram is a 22-fret grid with strings 1-6 labeled at the top. The first diagram shows a sequence of notes: 1 (2nd fret, 2nd string), 2 (3rd fret, 3rd string), 3 (4th fret, 4th string), 4 (5th fret, 5th string). The second diagram shows the sequence: 1 (5th fret, 1st string), 2 (6th fret, 2nd string), 3 (7th fret, 3rd string), 4 (8th fret, 4th string). The third diagram shows the sequence: 1 (5th fret, 1st string), 2 (6th fret, 2nd string), 3 (7th fret, 3rd string), 4 (8th fret, 4th string). The fourth diagram is empty.

5.24 - Spider Exercise (1-234) - (p7)

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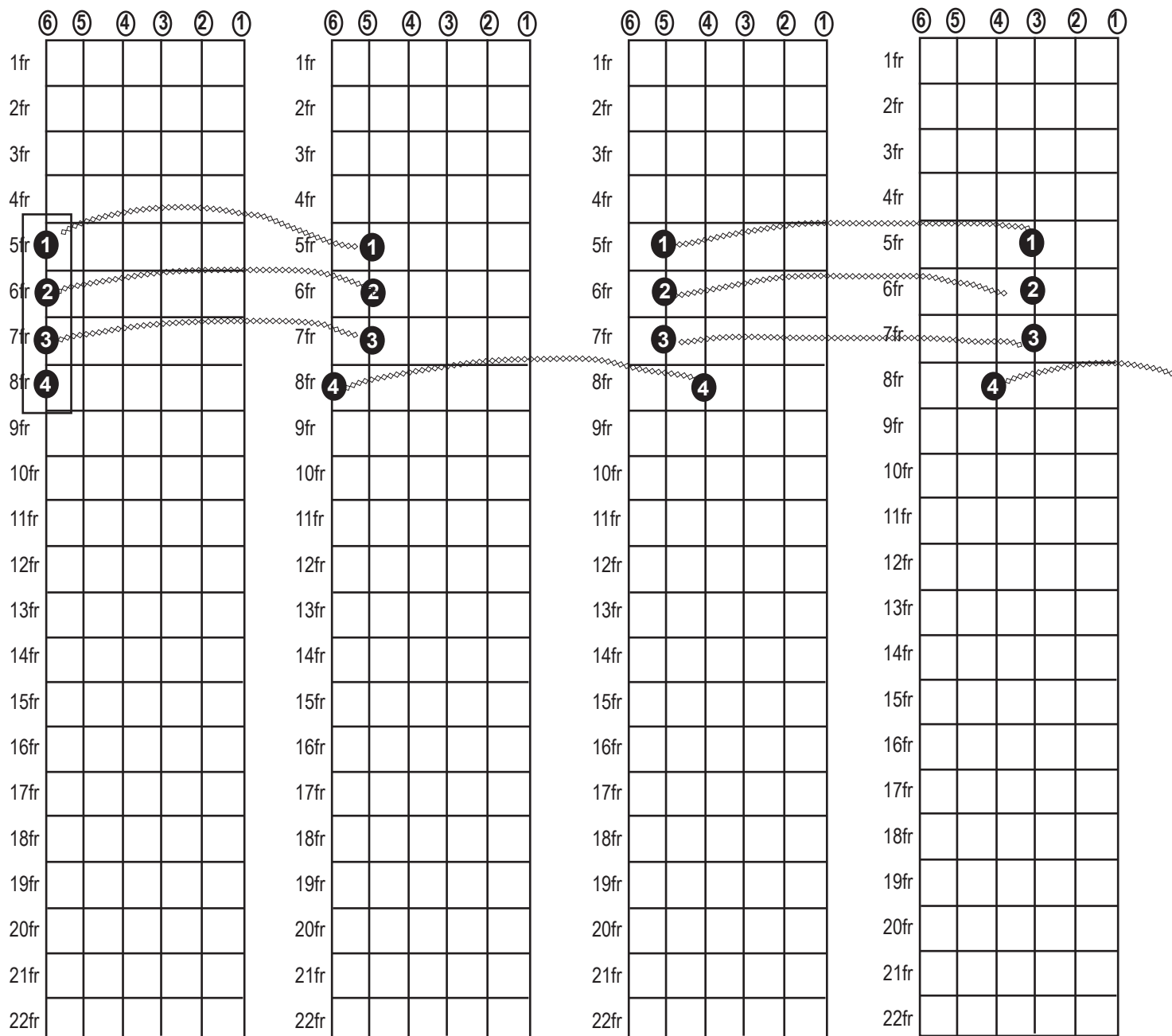
5.24 - Spider Exercise (1-234) - (p8)

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The exercise consists of four fretboard diagrams, each with 22 frets and 6 strings (labeled 6 to 1 at the top). The first diagram shows a sequence of notes: 5fr (2), 6fr (3), 7fr (4), 8fr (1), 6fr (2), 7fr (3), 8fr (4). The second diagram shows a sequence: 5fr (1), 6fr (2), 7fr (3), 8fr (4). The third diagram shows a sequence: 4fr (1), 5fr (2), 6fr (3), 7fr (4). The fourth diagram is empty. Dotted lines connect the notes between diagrams to show the exercise path.

5.25 - Spider Exercise (123-[4]) - (p9)

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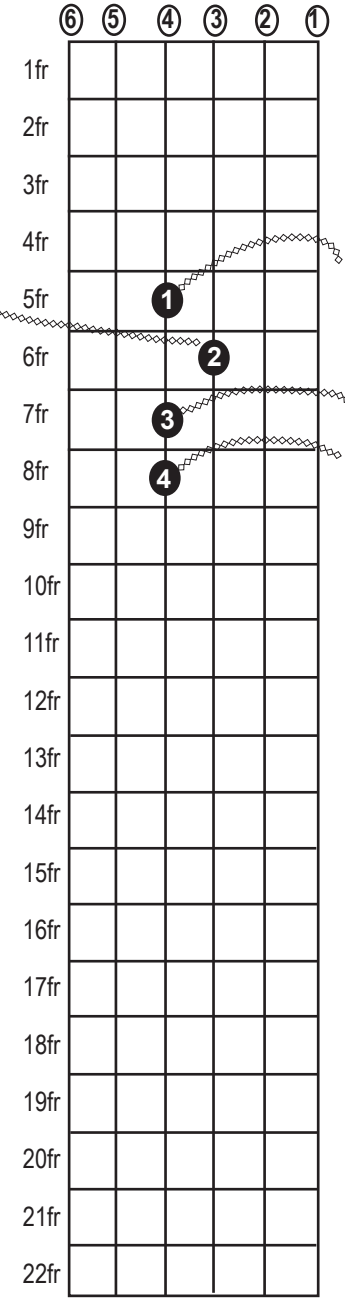
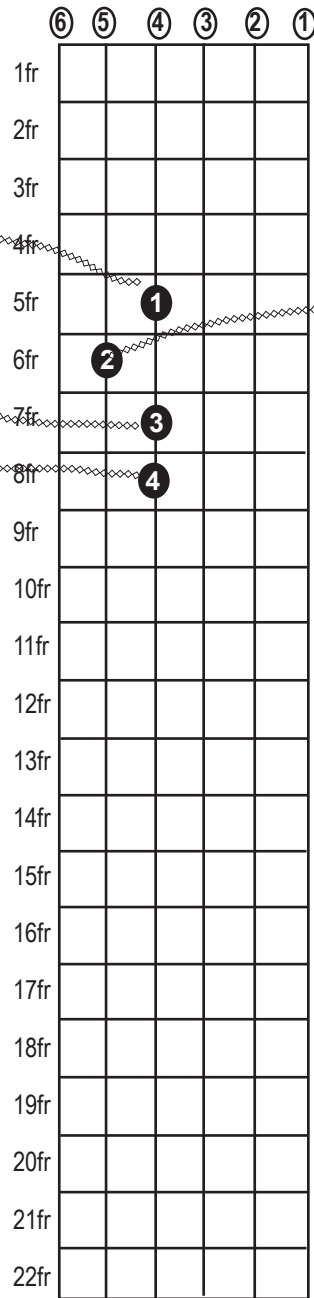
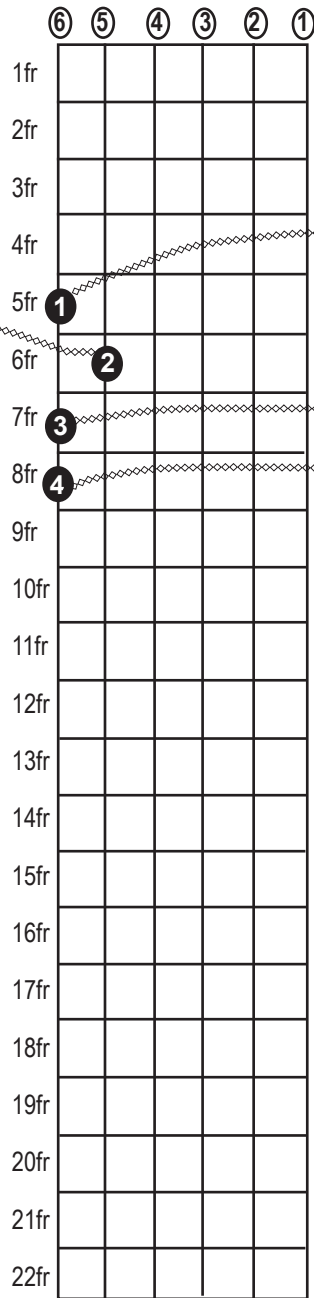
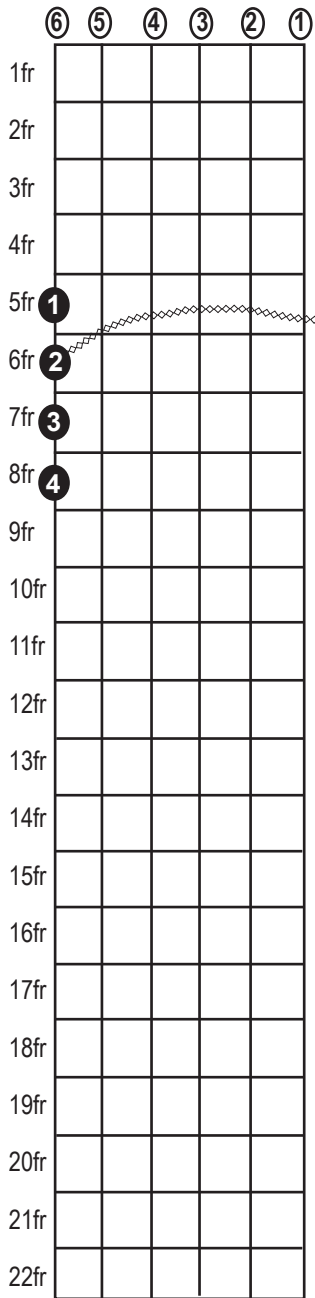
5.25 - Spider Exercise (123-4) - (p10)

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The diagram consists of four vertical fretboards, each with 22 frets (1fr to 22fr) and 6 strings (6 to 1). The first fretboard shows a sequence of four notes: 1 (3rd fret, 3rd string), 2 (3rd fret, 4th string), 3 (4th fret, 4th string), and 4 (5th fret, 5th string). Dotted lines connect these notes to the second fretboard, which shows the same sequence from a different perspective. The third and fourth fretboards are empty grids for practice.

5.26 - Spider Exercise (1[2]34) - (p11)

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5.26 - Spider Exercise (123-4) - (p12)

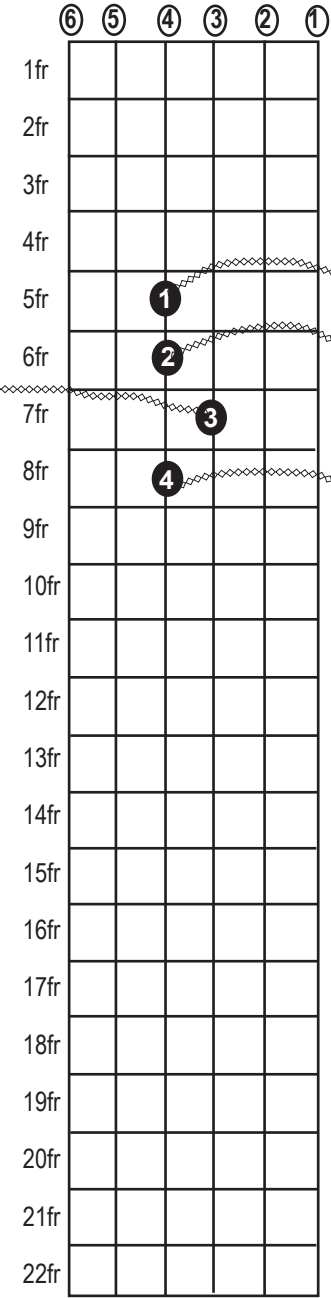
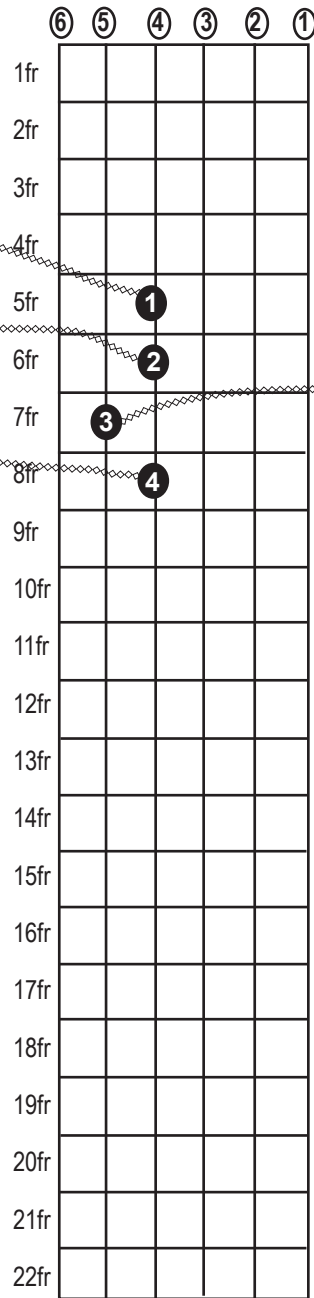
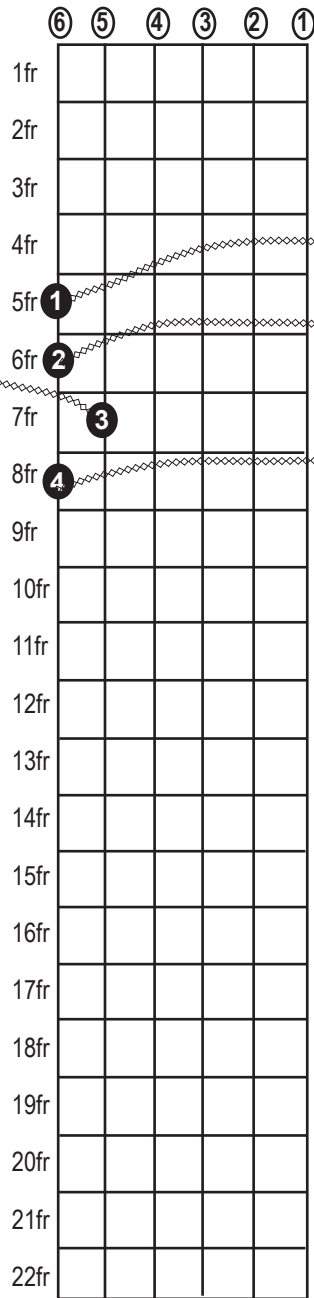
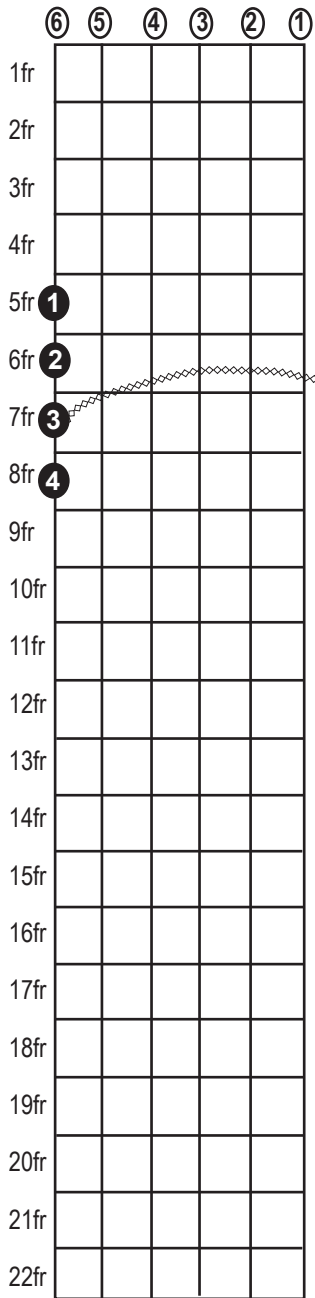
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The exercise consists of four fretboard diagrams, each with 22 frets and 6 strings. The strings are numbered 1 to 6 from right to left at the top of each diagram.

- Diagram 1:** Shows a sequence of notes starting at fret 5 on string 1, moving to fret 6 on string 2, fret 7 on string 3, and fret 8 on string 4. The notes are labeled 1, 2, 3, and 4 respectively.
- Diagram 2:** Shows the same sequence of notes on strings 2 through 5. The notes are labeled 1, 2, 3, and 4 respectively.
- Diagram 3:** Shows the same sequence of notes on strings 3 through 6. The notes are labeled 1, 2, 3, and 4 respectively. A box highlights the notes on string 6 (frets 5, 6, 7, 8).
- Diagram 4:** An empty fretboard for practice.

5.27 - Spider Exercise (12[3]4) - (p13)

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5.27 - Spider Exercise (12[3]4) - (p14)

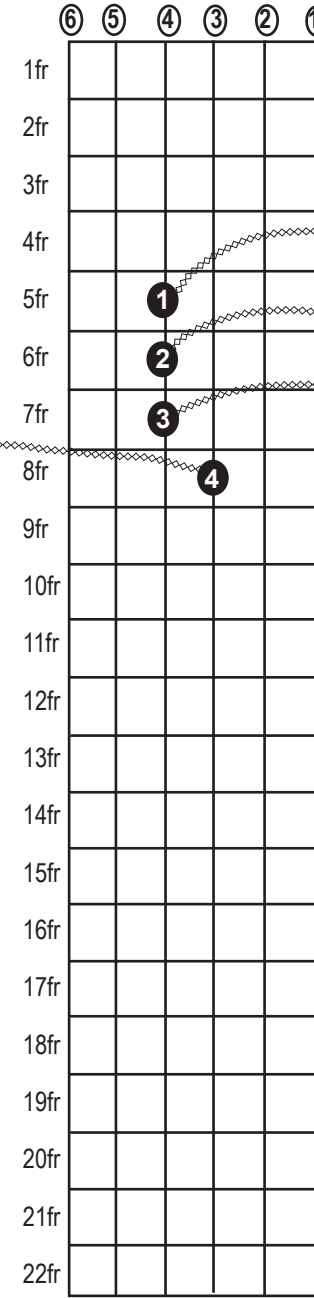
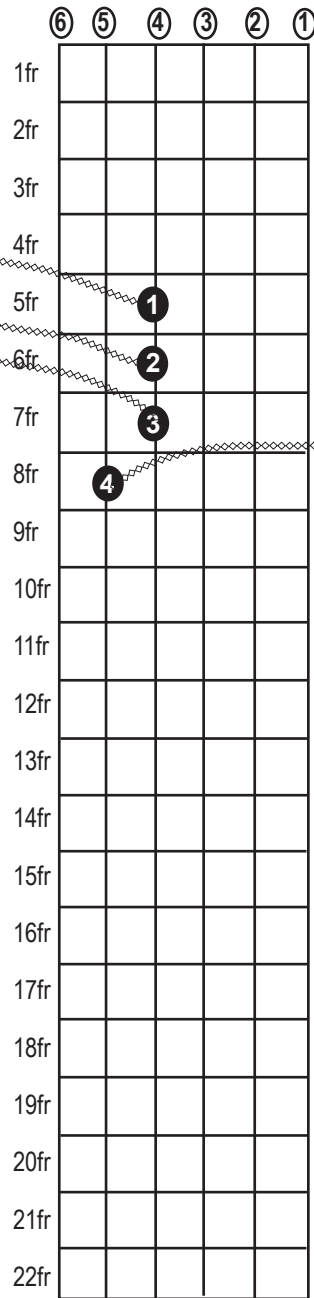
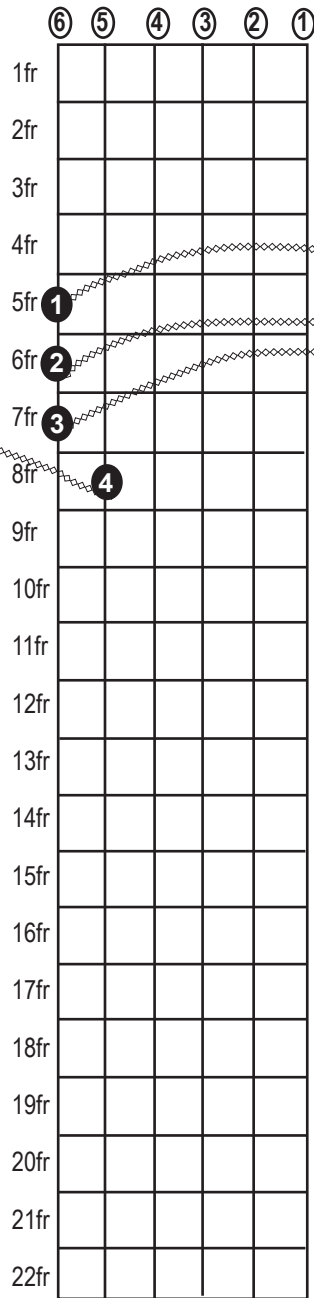
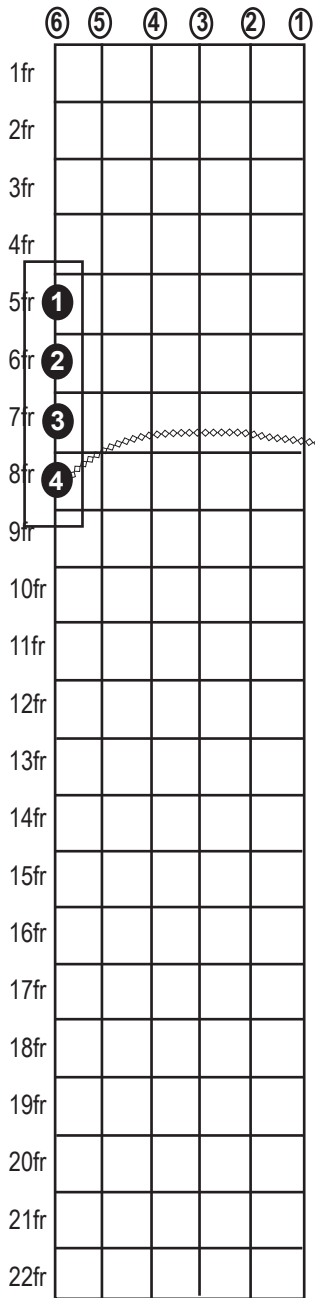
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The image displays four guitar fretboard diagrams, each representing a 22-fret neck with strings 1 through 6 labeled at the top. The frets are labeled from 1fr to 22fr on the left side of each diagram.

- Diagram 1:** Shows a sequence of notes: 4fr (string 6), 5fr (string 5), 6fr (string 4), 7fr (string 3), 8fr (string 2). The notes are connected by a dashed line, and each note is marked with a circled number (1-4).
- Diagram 2:** Shows the same sequence shifted: 5fr (string 6), 6fr (string 5), 7fr (string 4), 8fr (string 3). The notes are connected by a dashed line, and each note is marked with a circled number (1-4).
- Diagram 3:** Shows the sequence shifted further: 5fr (string 6), 6fr (string 5), 7fr (string 4), 8fr (string 3). The notes are connected by a dashed line, and each note is marked with a circled number (1-4). A box highlights the last four frets (5fr-8fr).
- Diagram 4:** An empty fretboard diagram for practice.

5.28 - Spider Exercise (123[4]) - (p15)

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5.28 - Spider Exercise (123[4]) - (p16)

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The diagram consists of four vertical fretboard grids, each with 22 frets (1fr to 22fr) and 6 strings (6 to 1). The exercise pattern is shown on frets 5 through 8. The pattern is as follows:

- Fret 5:** String 6 (circle 1), String 5 (circle 2), String 4 (circle 3), String 3 (circle 4)
- Fret 6:** String 5 (circle 1), String 4 (circle 2), String 3 (circle 3), String 2 (circle 4)
- Fret 7:** String 4 (circle 1), String 3 (circle 2), String 2 (circle 3), String 1 (circle 4)
- Fret 8:** String 3 (circle 1), String 2 (circle 2), String 1 (circle 3), String 6 (circle 4)

The circles are numbered 1 through 4, indicating the sequence of notes. The pattern is repeated across the four fretboard diagrams.

5.29 - Spider Exercise (1[2]3) - (p17)

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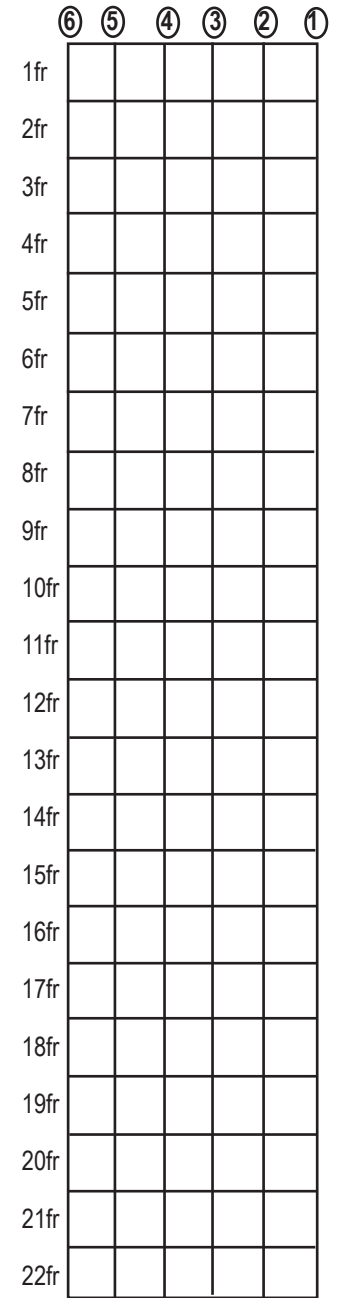
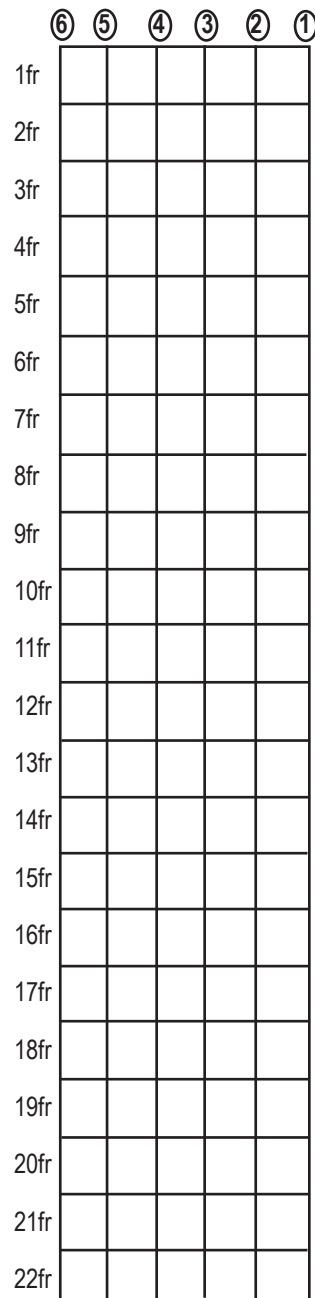
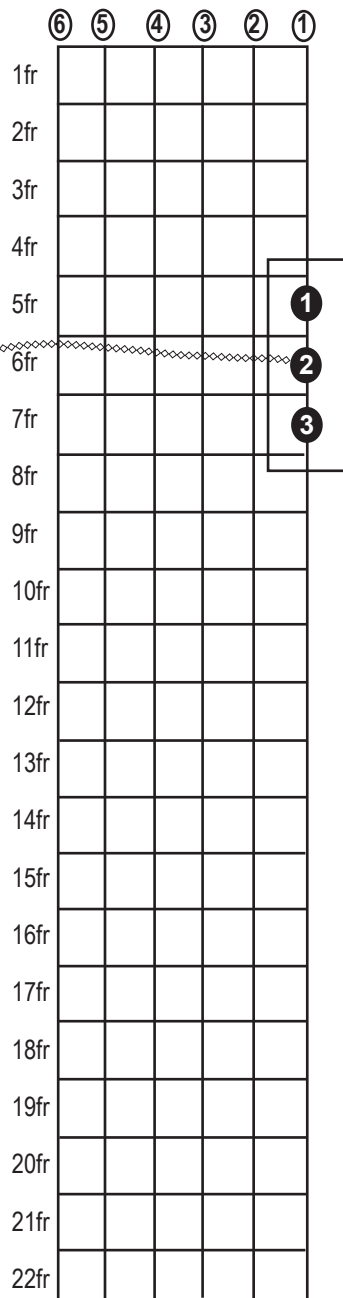
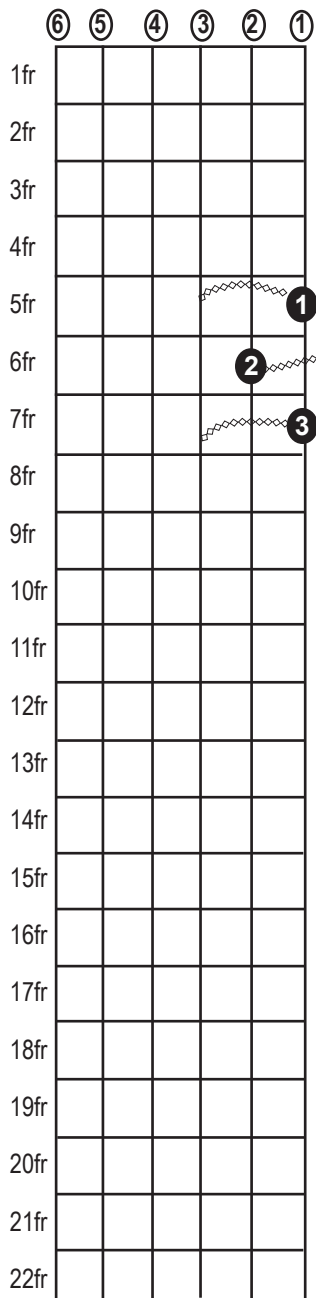
The diagram consists of four vertical fretboard grids, each representing a different fret position for the exercise. Each grid has 22 frets (1fr to 22fr) and 6 strings (6 to 1). The exercise is performed on strings 1, 2, and 3.

- Grid 1 (Fret 5):** Shows the starting position. Finger 1 is on the 5th fret of string 1, finger 2 on the 6th fret of string 2, and finger 3 on the 7th fret of string 3. A dashed line connects these three points.
- Grid 2 (Fret 6):** Shows the exercise moving to the 6th fret. Finger 1 is on the 6th fret of string 1, finger 2 on the 7th fret of string 2, and finger 3 on the 8th fret of string 3. A dashed line connects these points.
- Grid 3 (Fret 7):** Shows the exercise moving to the 7th fret. Finger 1 is on the 7th fret of string 1, finger 2 on the 8th fret of string 2, and finger 3 on the 9th fret of string 3. A dashed line connects these points.
- Grid 4 (Fret 8):** Shows the exercise moving to the 8th fret. Finger 1 is on the 8th fret of string 1, finger 2 on the 9th fret of string 2, and finger 3 on the 10th fret of string 3. A dashed line connects these points.

The dashed lines in each grid are connected to the corresponding lines in the adjacent grid, showing the continuous path of the exercise across the fretboard.

5.29 - Spider Exercise (1[2]3) - (p18)

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5.30 - Spider Exercise (1[2]3) - (p19)

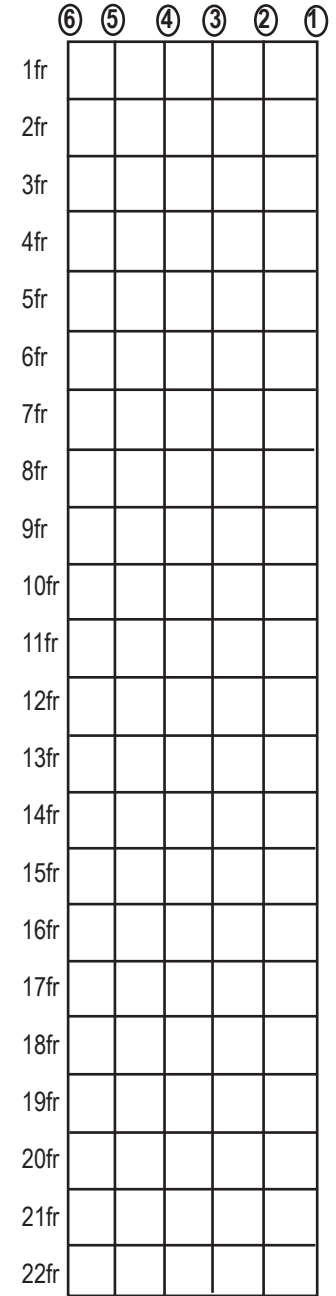
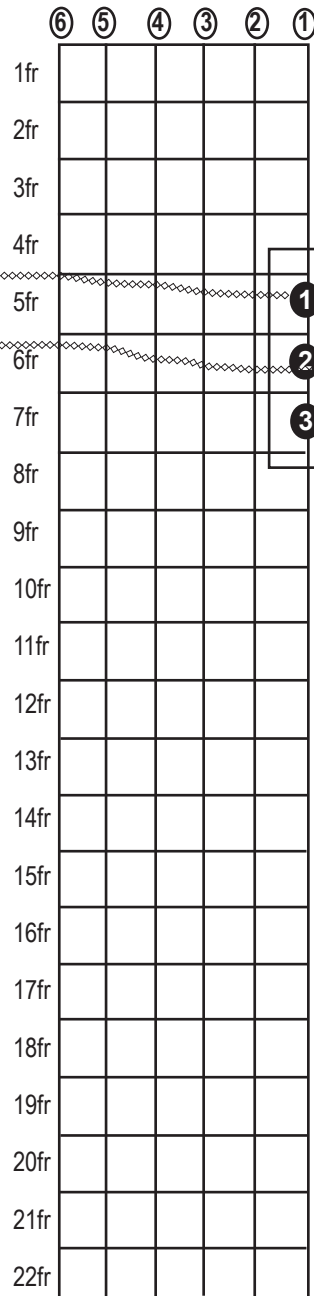
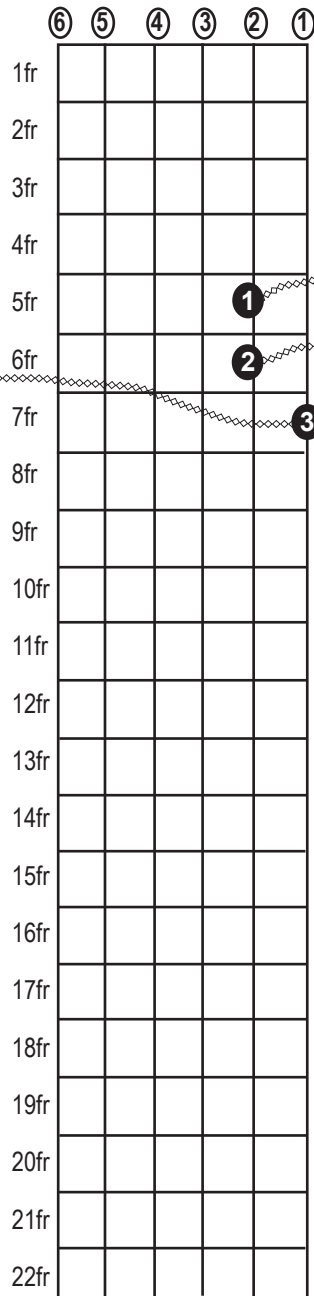
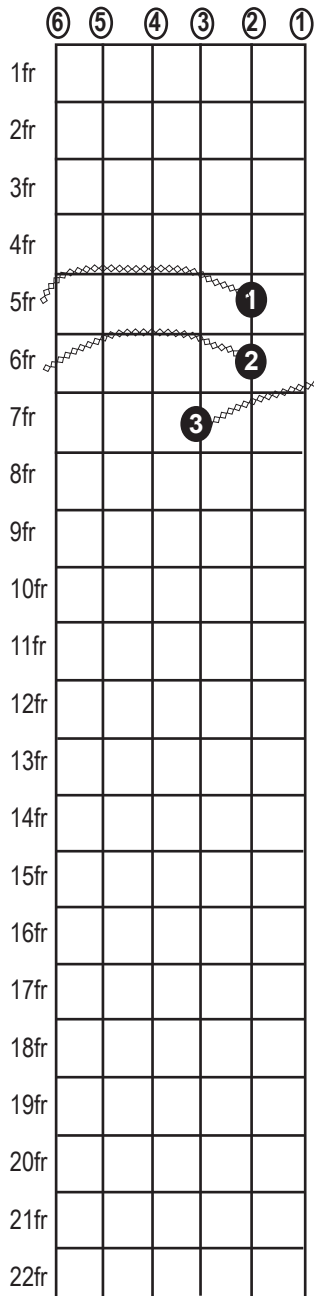
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The image displays four guitar fretboard diagrams, each representing a 22-fret neck with strings 1 through 6. The diagrams are arranged horizontally and labeled with fret numbers (1fr to 22fr) on the left and string numbers (1 to 6) at the top.

- Diagram 1 (Leftmost):** Shows a box spanning frets 4 to 8. Three notes are marked: 5fr 1, 6fr 2, and 7fr 3.
- Diagram 2:** Shows a sequence of notes: 5fr 1, 6fr 2, and 7fr 3.
- Diagram 3:** Shows a sequence of notes: 5fr 1, 6fr 2, and 7fr 3.
- Diagram 4 (Rightmost):** Shows a sequence of notes: 5fr 1, 6fr 2, and 7fr 3. A dotted line connects the 7fr 3 note to the 4fr 1 note of the second diagram.

5.30 - Spider Exercise (1[2]3) - (p20)

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5.31 - Spider Exercise ([1]2-3) - (p21)

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The image displays four guitar fretboard diagrams, each representing a 22-fret neck with strings 1 through 6. The diagrams are arranged in a row, connected by dotted lines indicating a sequence of movements.

- Diagram 1:** Shows a box on frets 5, 6, and 7, covering strings 1, 2, and 3. The box is labeled with circled numbers 1, 2, and 3 in the first column.
- Diagram 2:** Shows a path starting at fret 5, string 1 (labeled 1), moving to fret 6, string 2 (labeled 2), and then to fret 7, string 3 (labeled 3).
- Diagram 3:** Shows a path starting at fret 5, string 1 (labeled 1), moving to fret 6, string 2 (labeled 2), and then to fret 7, string 3 (labeled 3).
- Diagram 4:** Shows a path starting at fret 5, string 1 (labeled 1), moving to fret 6, string 2 (labeled 2), and then to fret 7, string 3 (labeled 3).

Dotted lines connect the diagrams, showing the path from the first diagram to the second, and from the second to the third, and from the third to the fourth.

5.31 - Spider Exercise ([1]2-3) - (p22)

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The image displays four guitar fretboard diagrams, each with 22 frets and 6 strings. The strings are numbered 1 to 6 from the high E to the low E. The diagrams illustrate a spider exercise sequence:

- Diagram 1:** Shows a sequence of notes: 1fr 2nd, 2fr 3rd, 3fr 4th, 4fr 5th, 5fr 6th, 6fr 5th, 7fr 4th. The notes are connected by a zigzag line.
- Diagram 2:** Shows a sequence of notes: 5fr 1st, 6fr 2nd, 7fr 3rd. The notes are connected by a zigzag line.
- Diagram 3:** Shows a sequence of notes: 5fr 1st, 6fr 2nd, 7fr 3rd. The notes are connected by a zigzag line.
- Diagram 4:** An empty fretboard diagram.

5.32 - Spider Exercise (2-[3]-4) - (p23)

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The diagram consists of four vertical fretboard grids, each representing a different string (2, 3, and 4). Each grid has 22 frets (1fr to 22fr) and 6 strings (labeled 6, 5, 4, 3, 2, 1 at the top). The exercise is defined by a sequence of notes: fret 6 on string 2, fret 7 on string 3, and fret 8 on string 4. This sequence is repeated across the four diagrams, with dashed lines indicating the path of the exercise across the fretboard.

Diagram 1 (String 2): Shows frets 6, 7, and 8 on string 2. A box highlights these three frets.

Diagram 2 (String 3): Shows frets 6, 7, and 8 on string 3. Dashed lines connect fret 6 of this string to fret 6 of string 2, fret 7 to fret 7 of string 2, and fret 8 to fret 8 of string 2.

Diagram 3 (String 4): Shows frets 6, 7, and 8 on string 4. Dashed lines connect fret 6 of this string to fret 6 of string 3, fret 7 to fret 7 of string 3, and fret 8 to fret 8 of string 3.

Diagram 4 (String 5): Shows frets 6, 7, and 8 on string 5. Dashed lines connect fret 6 of this string to fret 6 of string 4, fret 7 to fret 7 of string 4, and fret 8 to fret 8 of string 4.

5.32 - Spider Exercise (2-[3]-4) - (p24)

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	⑥	⑤	④	③	②	①
1fr						
2fr						
3fr						
4fr						
5fr						
6fr					②	
7fr			③			
8fr				④		
9fr						
10fr						
11fr						
12fr						
13fr						
14fr						
15fr						
16fr						
17fr						
18fr						
19fr						
20fr						
21fr						
22fr						

	⑥	⑤	④	③	②	①
1fr						
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	⑥	⑤	④	③	②	①
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5.33 - Spider Exercise ([2]-3-4) - (p25)

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The diagram illustrates a spider exercise sequence across four fretboard views. Each view shows 6 strings (6-1) and 22 frets (1fr-22fr). The sequence is as follows:

- Diagram 1:** Shows the starting position at fret 6 on string 2. A box highlights the first three frets (6, 7, 8) on strings 2, 3, and 4.
- Diagram 2:** Shows the sequence moving to fret 7 on string 3, then fret 8 on string 4.
- Diagram 3:** Shows the sequence moving to fret 5 on string 2, then fret 6 on string 3, and fret 7 on string 4.
- Diagram 4:** Shows the sequence moving to fret 4 on string 3, then fret 5 on string 4, and fret 6 on string 5.

The sequence continues with a series of diagonal and horizontal movements across the fretboard, eventually returning to the starting position at fret 6 on string 2.

5.33 - Spider Exercise ([2]-3-4) - (p26)

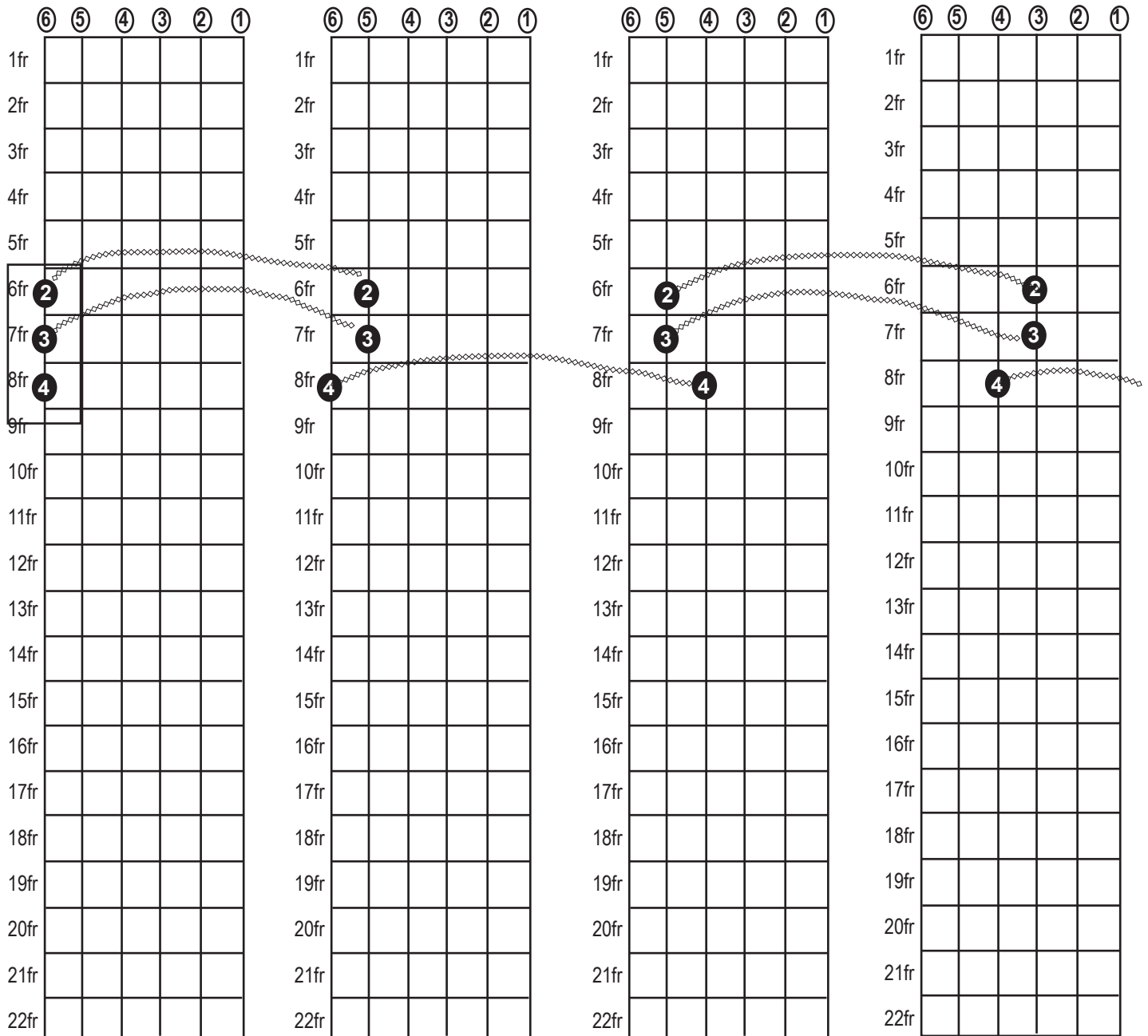
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The image displays four guitar fretboard diagrams, each with a header indicating fret numbers 6, 5, 4, 3, 2, 1 and a vertical axis labeled 1fr through 22fr. The diagrams illustrate a spider exercise sequence across six frets.

- Diagram 1:** Shows a sequence of notes: 6fr (2), 7fr (3), 8fr (4), 6fr (2), 7fr (3), 8fr (4). The notes are connected by a dashed line.
- Diagram 2:** Shows a sequence of notes: 6fr (2), 7fr (3), 8fr (4), 6fr (2), 7fr (3), 8fr (4). The notes are connected by a dashed line.
- Diagram 3:** Shows a sequence of notes: 5fr (2), 6fr (2), 7fr (3), 8fr (4), 6fr (2), 7fr (3), 8fr (4). The notes are connected by a dashed line.
- Diagram 4:** Shows an empty fretboard for practice.

5.34 - Spider Exercise (2-3-[4]) - (p27)

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5.34 - Spider Exercise (2-3-[4]) - (p28)

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The exercise consists of four fretboard diagrams, each with 22 frets and 6 strings. The strings are numbered 1 to 6 from top to bottom. The notes are as follows:

- Diagram 1:** String 3, fret 6 (2); String 4, fret 7 (3); String 5, fret 8 (4).
- Diagram 2:** String 2, fret 6 (2); String 3, fret 7 (3); String 4, fret 8 (4).
- Diagram 3:** String 1, fret 6 (2); String 2, fret 7 (3); String 3, fret 8 (4).
- Diagram 4:** Empty.

Dotted lines connect the notes between diagrams to show the path of the exercise:

- From Diagram 1 to Diagram 2: String 5, fret 8 (4) to String 4, fret 8 (4); String 4, fret 8 (4) to String 3, fret 7 (3); String 3, fret 7 (3) to String 2, fret 6 (2).
- From Diagram 2 to Diagram 3: String 2, fret 6 (2) to String 1, fret 6 (2); String 1, fret 6 (2) to String 2, fret 7 (3); String 2, fret 7 (3) to String 3, fret 8 (4).

5.35 - Spider Exercise (1-[2]-4) - (p29)

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The exercise consists of four fretboard diagrams, each with 22 frets (1fr to 22fr) and 6 strings (1 to 6). The diagrams are connected by zigzag paths.

- Diagram 1:** Shows frets 5, 6, 7, and 8 on strings 1, 2, and 4. A box highlights these frets.
- Diagram 2:** Shows frets 5, 6, 7, and 8 on strings 1, 2, and 4. A zigzag path starts at fret 5 on string 1, goes to fret 6 on string 2, then to fret 7 on string 1, and finally to fret 8 on string 2.
- Diagram 3:** Shows frets 4, 5, 6, and 7 on strings 1, 2, and 4. A zigzag path starts at fret 4 on string 1, goes to fret 5 on string 2, then to fret 6 on string 1, and finally to fret 7 on string 2.
- Diagram 4:** Shows frets 4, 5, 6, 7, and 8 on strings 1, 2, and 4. A zigzag path starts at fret 4 on string 1, goes to fret 5 on string 2, then to fret 6 on string 1, then to fret 7 on string 2, and finally to fret 8 on string 1.

5.35 - Spider Exercise (1-[2]-4) - (p30)

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The exercise consists of four fretboard diagrams, each with 22 frets and strings 1-6. The fret numbers are listed on the left of each diagram. The notes are indicated by circled numbers 1, 2, 3, and 4.

- Diagram 1:** 5fr (string 1), 6fr (string 2), 8fr (string 4), 5fr (string 1).
- Diagram 2:** 5fr (string 1), 6fr (string 2), 8fr (string 4), 5fr (string 1).
- Diagram 3:** 4fr (string 6), 5fr (string 5), 7fr (string 3), 8fr (string 4).
- Diagram 4:** 4fr (string 6), 5fr (string 5), 7fr (string 3), 8fr (string 4).

5.36 - Spider Exercise (1-2-[4]) - (p31)

___ / ___ / ___

The exercise consists of four diagrams, each representing a fretboard with 22 frets (1fr to 22fr) and 6 strings (6 to 1). The diagrams show a sequence of fingerings (1-2-4) across different frets and strings.

- Diagram 1:** Shows the starting position at fret 5, string 6 (finger 1) and fret 6, string 5 (finger 2). A dotted line indicates a path to fret 8, string 4 (finger 4).
- Diagram 2:** Shows a path starting at fret 5, string 6 (finger 1), moving to fret 6, string 5 (finger 2), then to fret 8, string 4 (finger 4).
- Diagram 3:** Shows a path starting at fret 5, string 6 (finger 1), moving to fret 6, string 5 (finger 2), then to fret 8, string 4 (finger 4).
- Diagram 4:** Shows a path starting at fret 5, string 6 (finger 1), moving to fret 6, string 5 (finger 2), then to fret 8, string 4 (finger 4).

5.36 - Spider Exercise (1-2-[4]) - (p32)

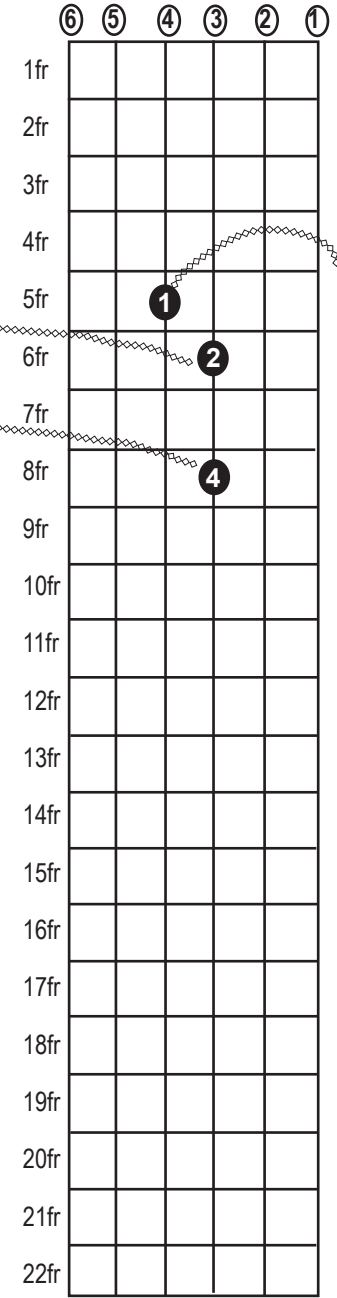
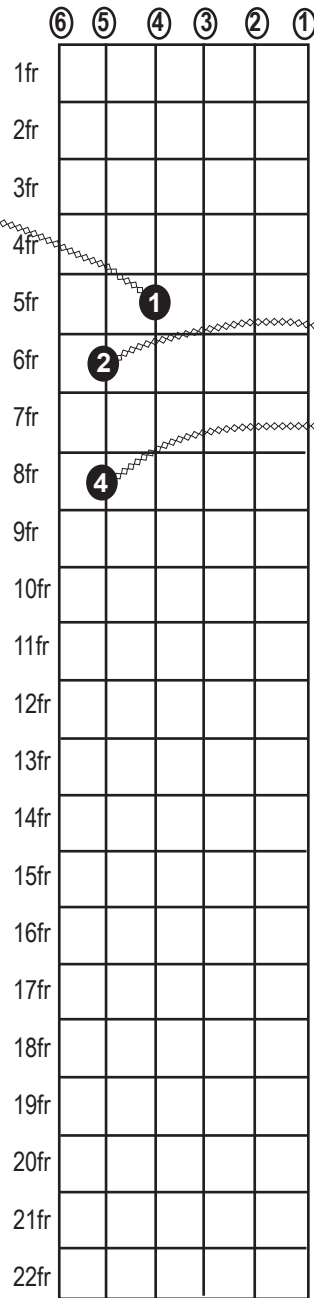
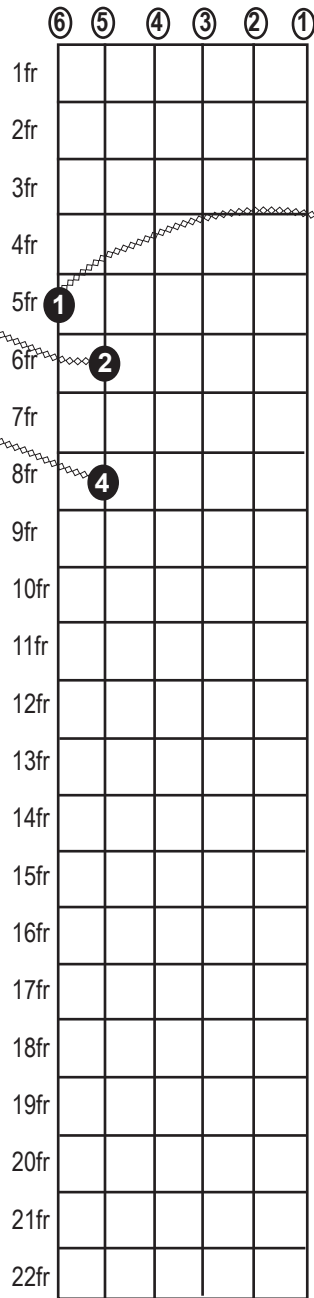
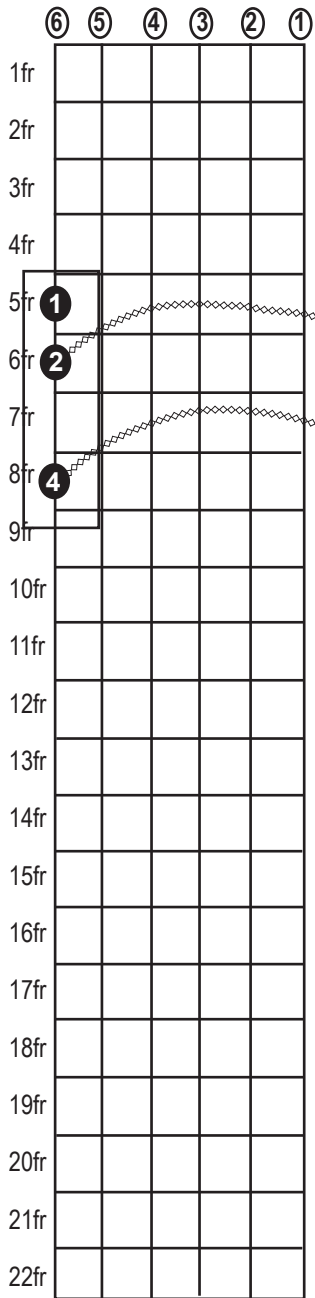
___ / ___ / ___

The exercise consists of four fretboard diagrams, each with 22 frets (1fr to 22fr) and 6 strings (6 to 1). The diagrams show a sequence of notes connected by dotted lines, with numbered circles (1, 2, 4) indicating specific fret positions:

- Diagram 1:** Shows a path starting at 5fr string 1, moving to 6fr string 2, then 8fr string 4, and back to 5fr string 1.
- Diagram 2:** Shows a path starting at 5fr string 1, moving to 6fr string 2, then 8fr string 4, and back to 5fr string 1.
- Diagram 3:** Shows a path starting at 5fr string 1, moving to 6fr string 2, then 8fr string 4, and back to 5fr string 1.
- Diagram 4:** Shows a path starting at 5fr string 1, moving to 6fr string 2, then 8fr string 4, and back to 5fr string 1.

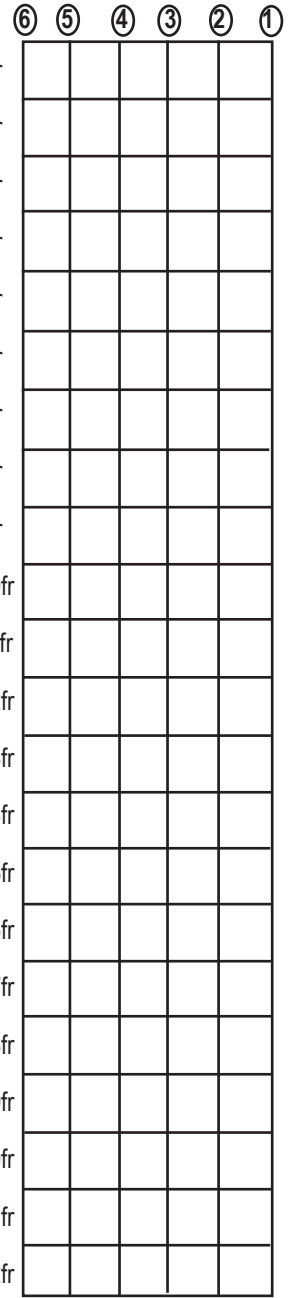
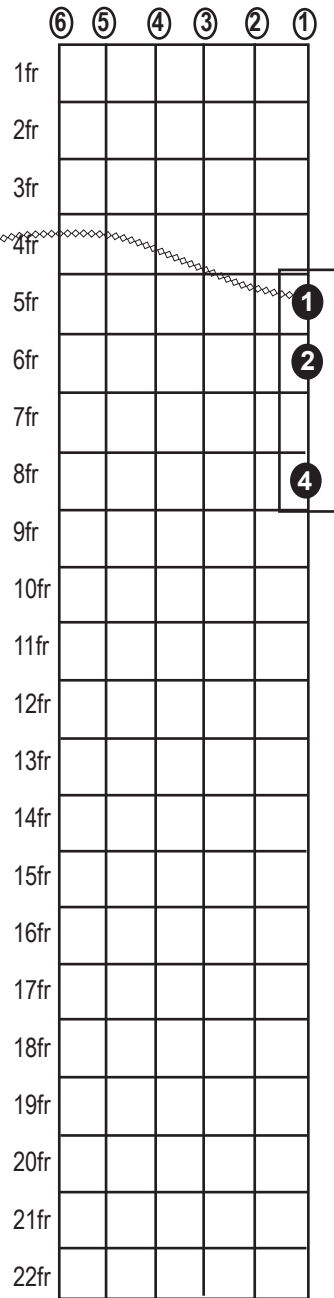
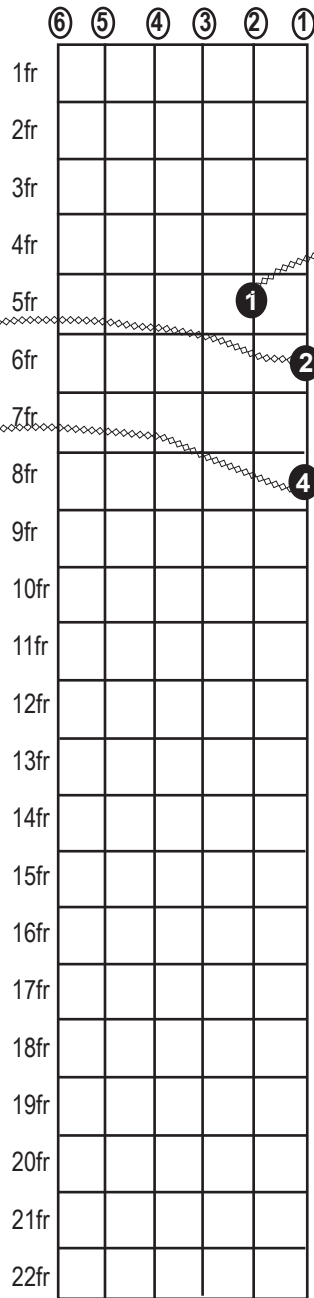
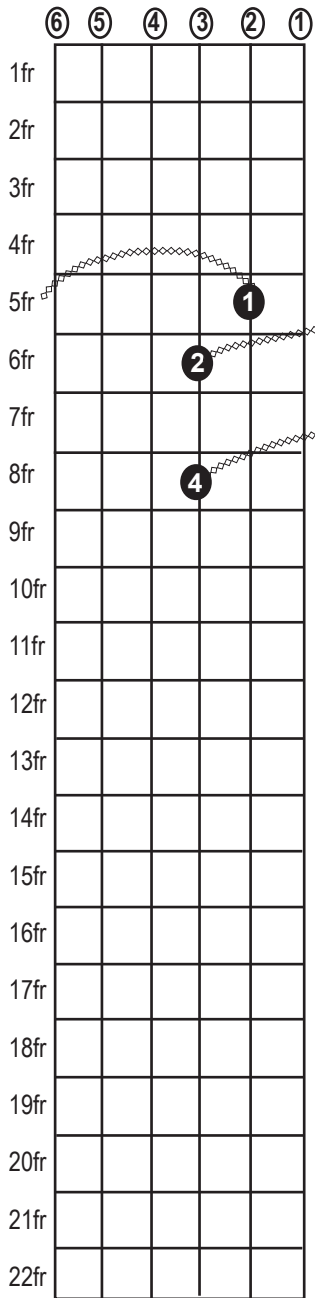
5.37 - Spider Exercise ([1]-2-4) - (p33)

___ / ___ / ___



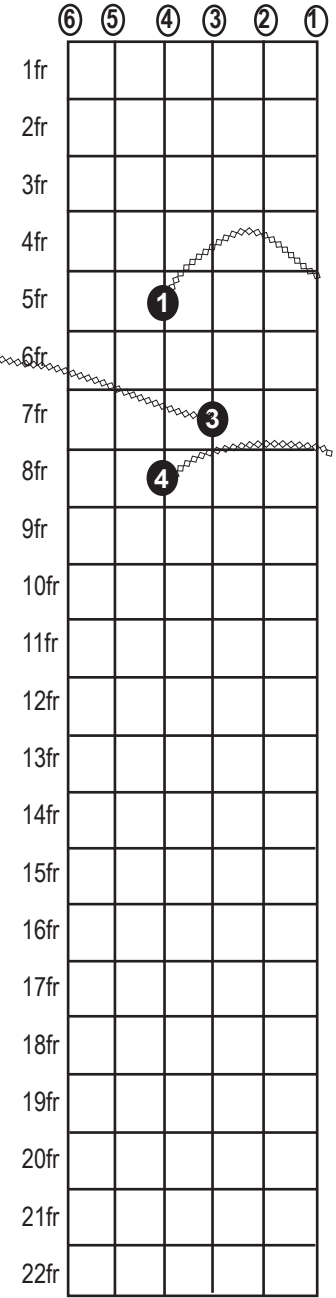
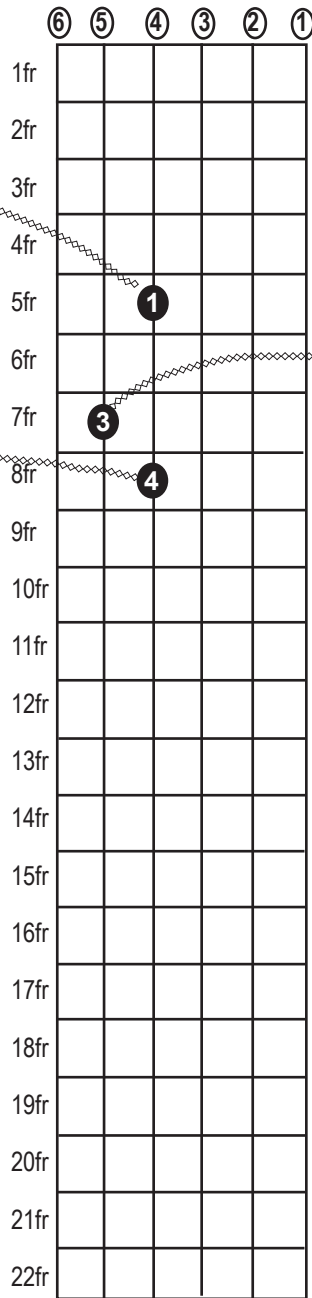
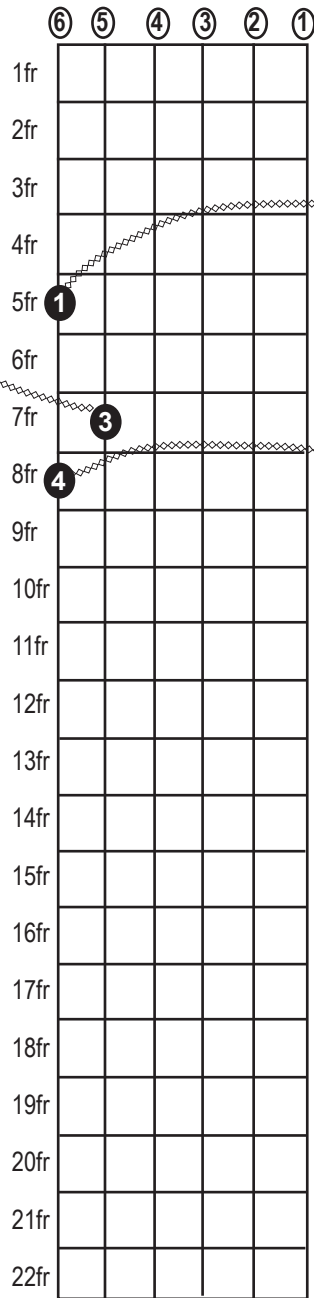
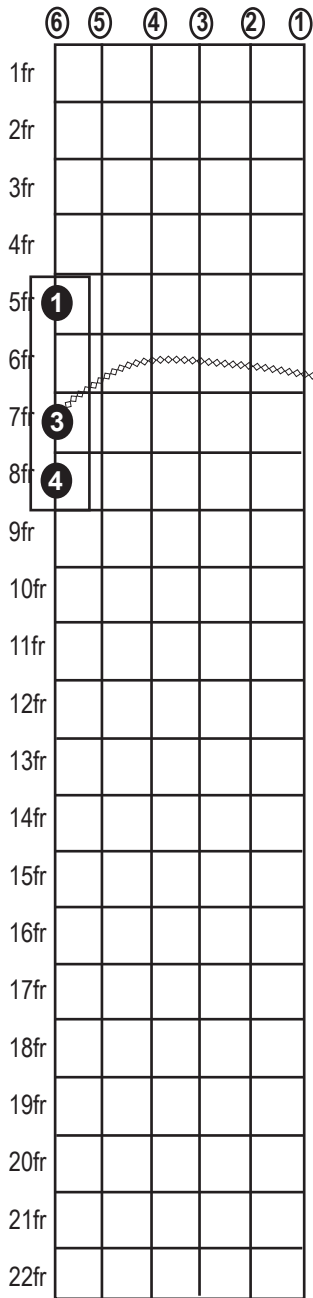
5.37 - Spider Exercise ([1]-2-4) - (p34)

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5.38 - Spider Exercise (1-[3]-4) - (p35)

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5.38 - Spider Exercise (1-[3]-4) - (p36)

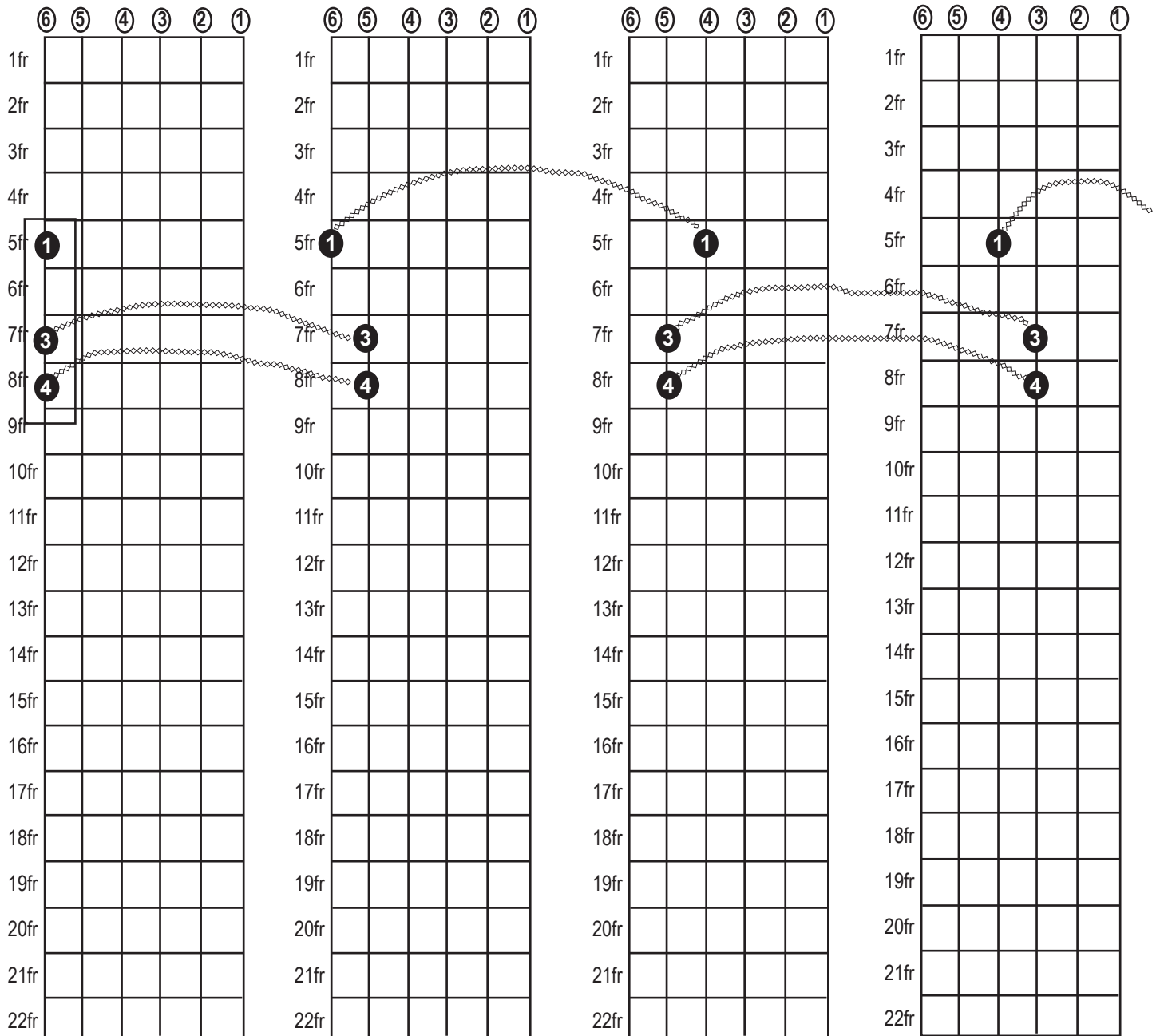
___ / ___ / ___

The diagram illustrates a spider exercise across four fretboards. Each fretboard is a 22-fret scale with strings numbered 1 to 6 at the top. The exercise pattern is as follows:

- Board 1:** Shows the first slur (1) from 4fr to 5fr and the second slur (2) from 5fr to 6fr. The third slur (3) is at 6fr and the fourth slur (4) is at 7fr.
- Board 2:** Shows the second slur (2) from 5fr to 6fr and the third slur (3) from 6fr to 7fr. The fourth slur (4) is at 7fr.
- Board 3:** Shows the third slur (3) from 6fr to 7fr and the fourth slur (4) from 7fr to 8fr.
- Board 4:** Shows the fourth slur (4) from 7fr to 8fr.

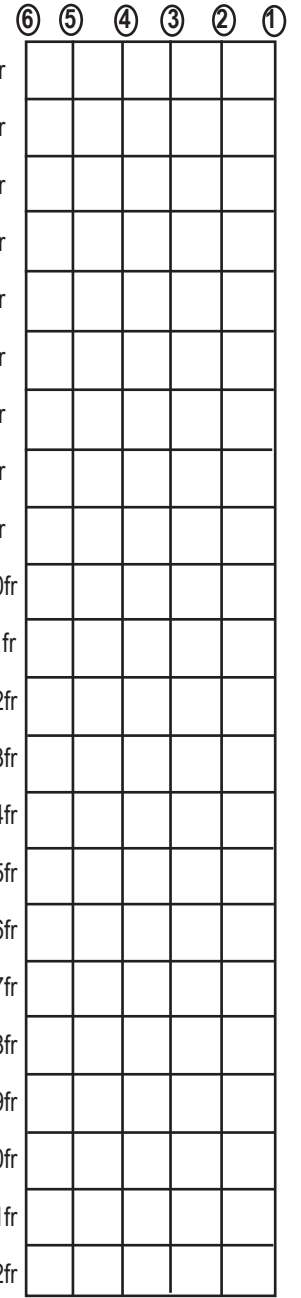
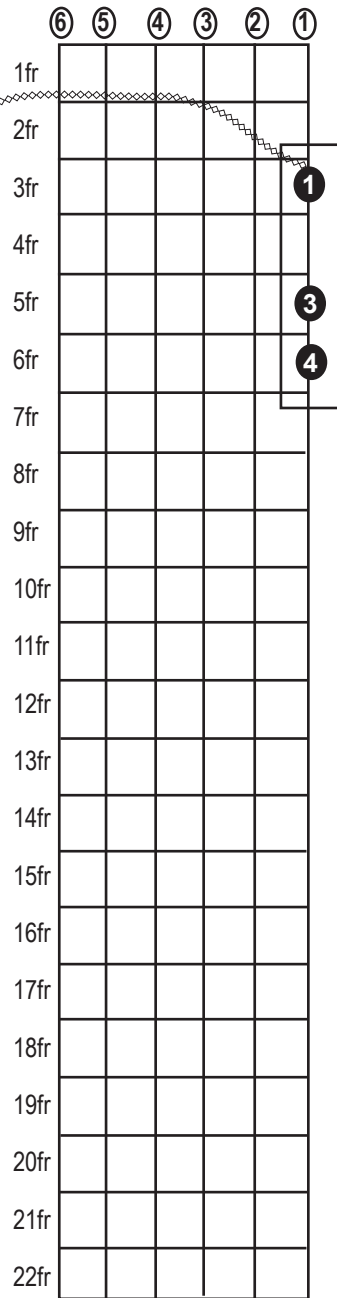
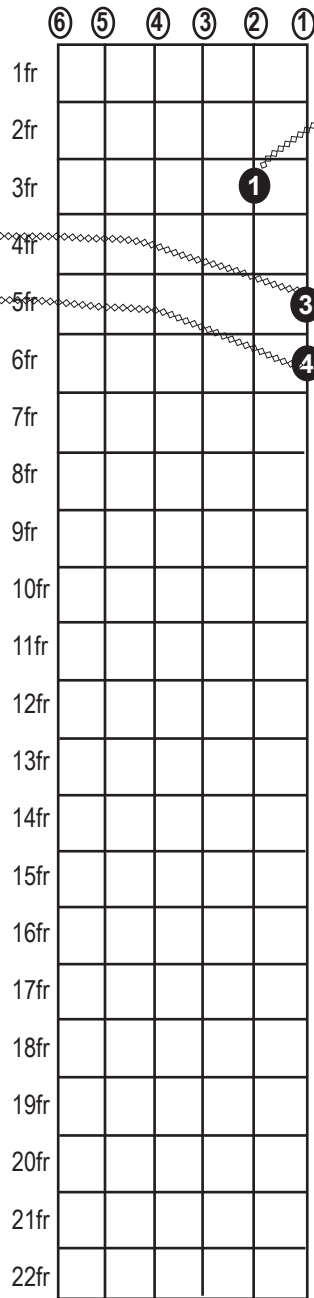
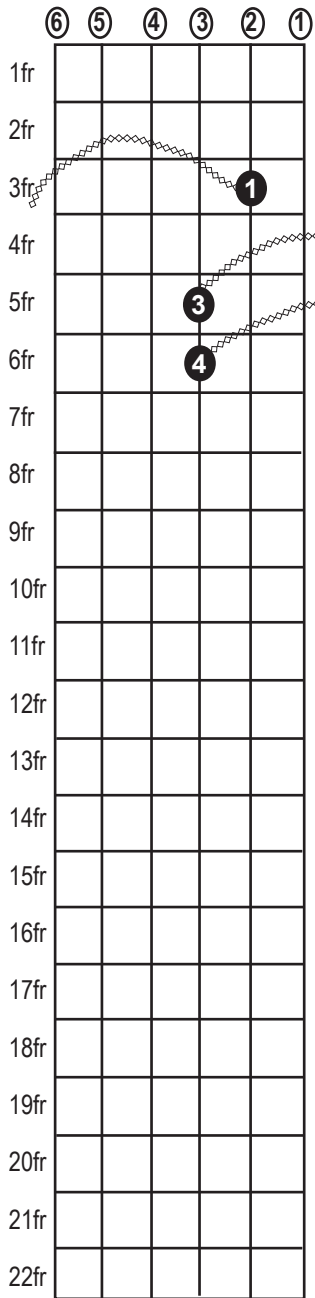
5.39 - Spider Exercise (1-[34]) - (p37)

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5.39 - Spider Exercise (1-[34]) - (p38)

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5.40 - Spider Exercise (1-3[4]) - (p39)

___ / ___ / ___

The diagram consists of four vertical fretboard grids, each with 22 frets (1fr to 22fr) and 6 strings (6 to 1). The exercise is a spider exercise involving frets 4, 5, 6, 7, and 8. The sequence of notes is as follows:

- Diagram 1:** Shows the starting positions for frets 4, 5, 6, 7, and 8 on strings 1 through 6. Fret 4 is on string 6, fret 5 on string 5, fret 6 on string 4, fret 7 on string 3, and fret 8 on string 2.
- Diagram 2:** Shows the sequence moving to fret 5 on string 5, fret 6 on string 4, fret 7 on string 3, and fret 8 on string 2.
- Diagram 3:** Shows the sequence moving to fret 6 on string 4, fret 7 on string 3, and fret 8 on string 2.
- Diagram 4:** Shows the sequence moving to fret 7 on string 3 and fret 8 on string 2.

Each diagram has a dotted line connecting the notes in sequence, and a solid box highlights the starting positions in the first diagram.

5.40 - Spider Exercise (1-3[4]) - (p40)

___ / ___ / ___

The exercise consists of four fretboard diagrams, each with 22 frets (1fr to 22fr) and 6 strings (6 to 1). The notes are as follows:

- Diagram 1:** 1 (3rd fret, 3rd string), 3 (7th fret, 3rd string), 4 (8th fret, 2nd string), 1 (5th fret, 1st string), 3 (7th fret, 2nd string), 4 (8th fret, 1st string).
- Diagram 2:** 4 (4th fret, 4th string), 1 (5th fret, 4th string), 3 (7th fret, 4th string), 4 (8th fret, 3rd string).
- Diagram 3:** 1 (5th fret, 5th string), 3 (7th fret, 5th string), 4 (8th fret, 4th string).
- Diagram 4:** Empty.