

PB Guitar Daily Practice Plan/Routine

MODULE 1: Right Hand Exercises

Picking Exercises on each string
Picking Exercises on ADJACENT strings
Picking Exercises on NON-adjacent strings
Jazz & Hybrid Picking (P234) Exercises
Classical P-I-M-A patterns
Classical Giuliani 120 patterns
Directional Picking Patterns & Exercises
Harmonic Node Patterns & Exercises
Harmonic Node Tapping Patterns & Exercises

MODULE 2: LEFT HAND exercises:

Classical/Chromatic Form on all strings
Spider Exercises – Touch/Legato/Picked
Trill Exercises – Horizontal/Linear/Creative
Trill Exercises – Two Handed/Creative
Ladder Exercises – 2-Finger/3-Finger/4-Finger
X-Pattern Exercises/Permutations
Chromatic Scale exercises (ALL)
Chromatic 2-Finger permutation/movement
Chromatic 3-Finger permutation/movement
Chromatic 4-Finger permutation/movement
Wholetone Scales/Sequences
Diminished (mi3rd) Scales/Sequences
Diminished 8-note Scales/Sequences
Dominant 8-note Scales/Sequences
Symmetric Scale Patterns across the strings
Symmetric Scale patterns linear angling
Symmetric Scale patterns reverse angling
Pivot exercises/String Skipping patterns
Pentatonic Ladder exercises
Pentatonic Positions/Extended/2x patterns
Pentatonic Directional patterns
Open string/Capo pentatonic patterns

MODULE 4: CHORDING Exercises:

Chords/Stringmaps/Memorization Technique
Chord Scales – Major/Minor/Modal
Chord Scales – Altered minor scale forms
Chord Scales – Diminished/Exotic
Chord Scales – Symmetric/Synthetic
Chord Scales - Non Tertiary
Chord Scales – Altered Non Tertiary
Chord Progressions/Standard/Symmetric
Jazz Standard 12 Pos Chord Memorization
Chord Melody Pieces
Two Handed Chords
Open string Chords/Chord Harmonics
Percussive Chord Strumming
Polychordal Techniques

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MODULE 3: SCALE PRACTICE:

Diatonic Scale Selection/Mapping/Memorization
Diatonic Linear stringmap scale patterns on 1/2/3/4/5/6 Strings
Diatonic 7 note and Pentatonic Scales – 5/7/12/14 Positions
Diatonic Scaletone Form System – 2/3/4/5 string groups
Diatonic Scale Sequences – intervallic/numeric/melodic
Diatonic Scale Patterns - linear/reverse angling patterns
Diatonic Scale Extended double positions/sequences/patterns
Diatonic Chord Family arpeggios – 5/7/12/14 positions
Diatonic Chord Family arpeggios – Scaletone form system
Diatonic Arpeggio Sequences – intervallic/numeric/creative
Altered Scale Selection/Mapping/Memorization
Altered Linear stringmap scale patterns on 1/2/3/4/5/6 Strings
Altered 7/8/9 note and Pentatonic Scales – 5/7/12/14 Positions
Altered Scaletone Form System – 2/3/4/5 String Groups
Altered Scale Sequences – intervallic/numeric/melodic
Altered Scale Patterns - linear/reverse angling patterns
Altered Scale Extended double positions/sequences/patterns
Altered Chord Family arpeggios – 5/7/12/14 positions
Altered Chord Family arpeggios – Scaletone form system
Altered Arpeggio Sequences – intervallic/numeric/creative

MODULE 5: Arpeggios/Pattern Practice:

Chord Family #1 – 3-4-5-6-7 note Arpeggios/Sequences
Chord Family #2 – 3-4-5-6-7 note Arpeggios/Sequences
Chord Family #3 – 3-4-5-6-7 note Arpeggios/Sequences
Chord Family #4 – 3-4-5-6-7 note Arpeggios/Sequences
Chord Family #5 – 3-4-5-6-7 note Arpeggios/Sequences
Chord Family #6 – 3-4-5-6-7 note Arpeggios/Sequences
Chord Family #7 – 3-4-5-6-7 note Arpeggios/Sequences
Chord Family #8 – 3-4-5-6-7 note Arpeggios/Sequences
Chord Family #9 – 3-4-5-6-7 note Arpeggios/Sequences
Chord Progression Arpeggio Practice Patterns

MODULE 6: EAR TRAINING/SIGHTREADING

Sing Scales in one position in all intervals while playing
Sing all intervals in one position chromatically up & down
Sing scale positions while only fingering the notes
Sing scales & arpeggios while playing chord progressions
Solfeggio Practice – Diatonic/Chromatic
Dictation Practice – Rhythmic/Melodic/Harmonic
Sightreading Practice – Rhythms/Rhythmic Analysis
Sightreading Practice - Single Note/Intervallic/Chordal

MODULE 7: TUNES & REPERTOIRE

Basic Repertoire – SONGS – Rock/Blues/Jazz/Classical
Basic Repertoire – LICKS – Rock/Blues/Jazz/Classical
Study Jazz Fake Book Tunes – Rhythm/Melody/Solos
Study/Create/Learn Chord Melody Arrangements
Transcribe Songs/Transcribe Solos/Licks/Bass Lines
Write Tunes/Create Arrangements/Create Charts

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