

PB Guitar Daily Practice Plan/Routine

Version Date: 3-15-11

MODULE 1: Right Hand Exercises

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| Picking Exercises on each string |
| Picking Exercises on ADJACENT strings |
| Picking Exercises on NON-adjacent strings |
| Pick-2, Pick-3, Pick-2-3, Pick 2-3-4 exercises |
| Directional Picking Patterns & Exercises |
| Classical P-I-M-A patterns |
| Classical Giuliani 120 patterns |
| Harmonic Node Patterns & Exercises |
| Harmonic Node Tapping Patterns & Exercises |

MODULE 2: LEFT HAND exercises:

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| Classical Form on all strings |
| Spider Exercises |
| Trill Exercises – Horizontal/Linear/Creative |
| Two Handed Trill Exercises |
| 2-Finger and 3-Finger Ladder Exercises |
| 4-Finger Ladder and X-Pattern exercises |
| Chromatic Scale exercises (ALL) |
| Chromatic Movement patterns |
| Chromatic 4-finger permutation patterns |
| 3-Finger Movement exercises |
| Wholetone Scales/Sequences |
| Diminished (mi3rd) Scales/Sequences |
| Diminished 8-note Scales/Sequences |
| Dominant 8-note Scales/Sequences |
| Symmetric Scale Patterns across the strings |
| Symmetric Scale patterns linear angling |
| Symmetric Scale patterns reverse angling |
| Pivot exercises |
| Pentatonic Ladder exercises |
| Pentatonic Long pattern exercises |
| Pentatonic Directional patterns |
| Open string pentatonic patterns |

MODULE 4: CHORDING Exercises:

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| Chord/Stringmap Memorization Technique |
| Chord Scales – Major/Mel mi/Har mi |
| Chord Scales – Hung mi/Rom mi |
| Chord Scales – Diminished/Exotic |
| Chord Scales – Symmetric/Altered |
| Jazz Standard 12 Pos Chord Memorization |
| Chord Melody Pieces |
| Two Handed Chords |
| Open string Chords |
| Chord Harmonics |
| Non Tertiary Chord Scales |
| Altered Chord Scales |
| Percussive Chord Strumming |
| Polychordal Recording Techniques |

MODULE 3: SCALE PRACTICE:

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| Major Scale linear & horizontal patterns on 1/2/3/4/5/6 Strings |
| Major Scale – Major Pentatonic – 5/7/12/14 positions |
| Major Scale – Scaletone Forms/Extended Long Patterns |
| Major Scale - linear/reverse angling patterns |
| Major, 6, 7, 9, 6/9, 11, 13 arpeggios – 5/7/12/14 positions |
| Major Scale Sequences – intervallic/numeric/creative |
| Major Arpeggio Sequences – intervallic/numeric/creative |
| Mel. Minor Scale linear & horizontal on 1/2/3/4/5/6 Strings |
| Mel. Minor Scale& Pentatonic – 5/7/12/14 positions |
| Mel. Minor Scaletone Forms/Extended Long Patterns |
| Mel. Minor Scale - linear/reverse angling patterns |
| Mel. Minor, 6, 7, 9, 6/9, 11, 13 arpeggios – 5/7/12/14 positions |
| Mel. Minor Scale Sequences – intervallic/numeric/creative |
| Mel. Minor Arpeggio Sequences – intervallic/numeric/creative |
| Har. Minor Scale linear & horizontal on 1/2/3/4/5/6 Strings |
| Har. Minor Scale& Pentatonic – 5/7/12/14 positions |
| Har. Minor Scaletone Forms/Extended Long Patterns |
| Har. Minor Scale - linear/reverse angling patterns |
| Har. Minor, 6, 7, 9, 6/9, 11, 13 arpeggios – 5/7/12/14 positions |
| Har. Minor Scale Sequences – intervallic/numeric/creative |
| Har. Minor Arpeggio Sequences – intervallic/numeric/creative |
| Hung. Min. Scale linear & horizontal on 1/2/3/4/5/6 Strings |
| Hung. Min. Scale& Pentatonic – 5/7/12/14 positions |
| Hung. Min. Scaletone Forms/Extended Long Patterns |
| Hung. Min. Scale - linear/reverse angling patterns |
| Hung. Min., 6, 7, 9, 6/9, 11, 13 arpeggios – 5/7/12/14 positions |
| Hung. Min. Scale Sequences – intervallic/numeric/creative |
| Hung. Min. Arpeggio Sequences – intervallic/numeric/creative |

MODULE 5: EAR TRAINING/SIGHTREADING

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| Sing Scales in one position in all intervals while playing |
| Sing all intervals in one position chromatically up & down |
| Sing scale positions while only fingering the notes |
| Sing scales & arpeggios while playing chord progressions |
| Sightreading Practice/Solfeggio Practice/Harmonic Ear Training |

MODULE 6: Arpeggios/Pattern Practice:

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| 7th Chord Arpeggio Patterns and Arpeggio Progressions |
| 9th chord arpeggio Patterns and Arpeggio Progressions |
| 11th chord arpeggio Patterns and Arpeggio Progressions |
| 13th chord arpeggio Patterns and Arpeggio Progressions |
| II-V-I Patterns and Arpeggio Progressions |
| Chord Patterns and Arpeggio Progressions |

MODULE 7: TUNES & REPERTOIRE

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| Work on Pop Tunes Both Rhythm & Melody |
| Study & Learn Jazz Fake Book Tunes |
| Study/Create/Learn Chord Melody Arrangements |
| Transcribe Songs & Transcribe Solos |
| Write Tunes/Create Arrangements/Create Charts |