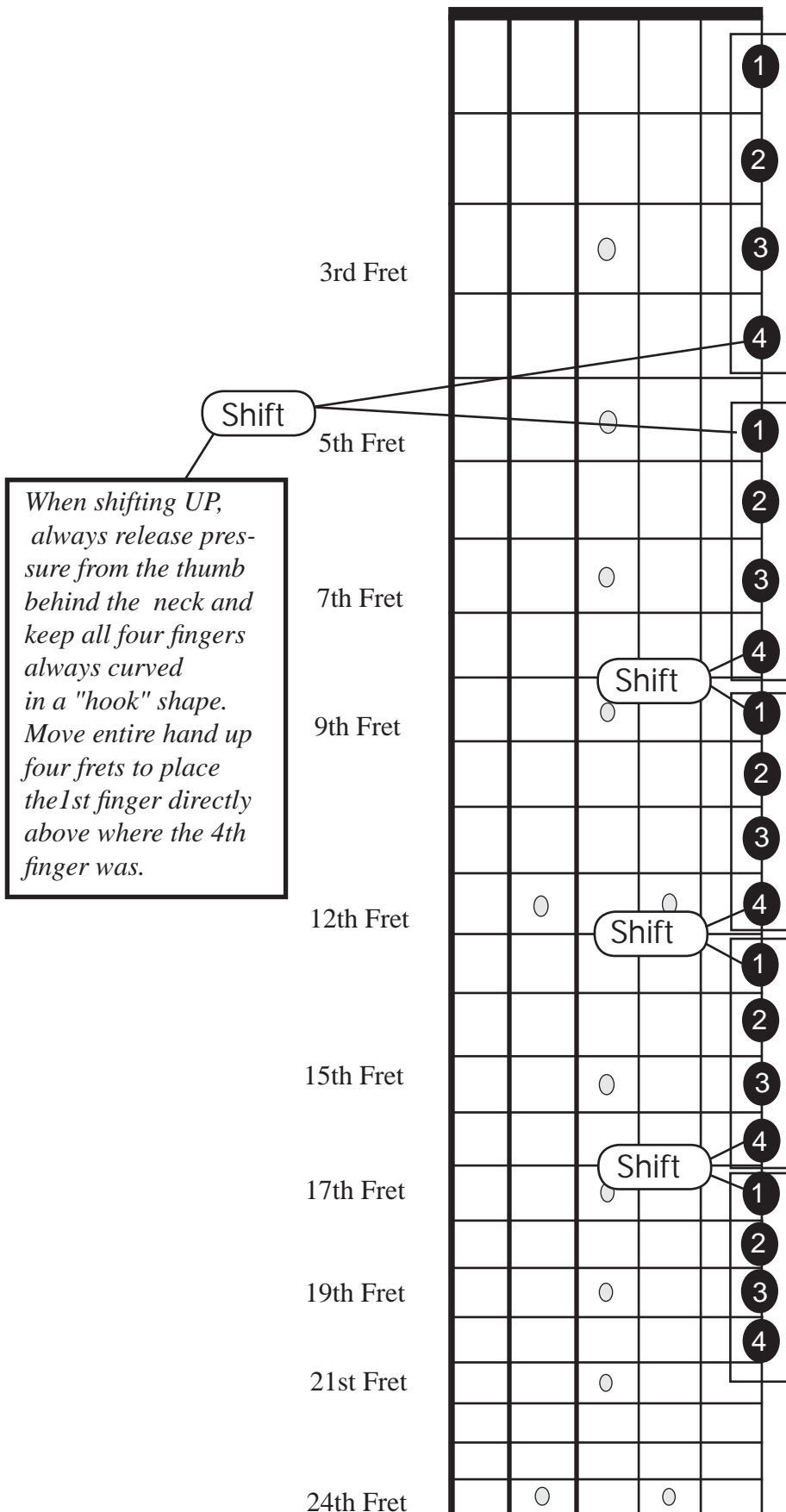


5.01 - Classical Form



5.02 - Chromatic Form

12 rules of technique:

- All four fingers curved evenly
- Always curve fingers evenly in a tight "hook" shape
- Never straighten the fingers
- Thumb behind 2nd finger



- Never bend the thumb!
- Minimize lifting off of string
- Keep fingers close to string
- Pull fingers downward when releasing - never *lift up!*
- Play only with tips of fingers
- Tips directly behind fret
- Do not bend wrist!
- Wrist always evenly flat with forearm - Never bend wrist!

When shifting DOWN, Pick up all 4 fingers at the exact same time and "plant" them straight down onto the string at the next location. Never straighten your fretting fingers. Always place all four fingers simultaneously on the string at the very next descending position.